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aug 25 2022 a fitness goal might be to become fit a personal goal might be to have a family one day these goals can be incredibly broad 2 break the big picture down into smaller and more specific goals 2 consider areas of your life that you either want to change or that you feel you would like to develop with time 50 short term goal examples let s take a look at some examples of short term goals to get your gears turning bad goal start running too vague no achievable outcome good goal jog for 20 minutes twice per week for six weeks specific personal realistic oct 21 2021 20 examples of career goals here are 20 examples of career goals to help you determine what you want to accomplish in your professional life 1 improve performance consider setting a goal to improve your job performance including your productivity and efficiency this may help you grow quickly as a professional dec 2 2020 here are five examples of smart career goals acquire new clients i will acquire five new projects for my web design consultancy through referrals networking and social media marketing campaigns within two months improve job performance i will redo my company s website design by may 1st oct 12 2022 time bound the goal is to make eating 5 servings of fruits and vegetables a daily routine by june 30 5 get regular exercise goal i will work out a minimum of 20 minutes per day three days a week by july 15th smart breakdown specific i will do low impact exercises for 20 minutes per day three days a week synonyms for goals objectives purposes plans ambitions aims intentions ideas intents antonyms of goals methods means ways feb 4 2020 here are 20 personal goals you can use as inspiration for setting your own goals improve your growth mindset be more proactive learn to understand yourself be persistent despite obstacles learn to accept your limits learn how to make effective decisions practice gratitude stay open minded to new opportunities sep 23 2022 goals help you to understand and quantify the steps you will have to take in order to actualize your vision having a broader life vision will help you to achieve more goals besides vision will bring focus to your goal setting when your goals are directed at getting you to the final destination of your vision

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